

Curriculum Vitae

Susan Melancon McCurry, PhD
Licensed Psychologist, License: WA # 1627

CURRENT ACADEMIC POSITIONS:

Research Professor, University of Washington
Department of Psychosocial and Community Health, School of Nursing, Seattle, WA

Adjunct Research Professor, University of Washington
Department of Psychiatry and Behavioral Sciences, Seattle, WA

EDUCATION:

1993 University of Washington, Seattle, WA, NIMH Postdoctoral Geropsychology Fellowship
1991 University of Nevada, Reno, NV, Ph.D. Clinical Psychology (APA Approved)
1984 University of Nevada, Las Vegas, NV, M.S. Rehabilitation Counseling
1977 University of Nevada, Las Vegas, NV, M.S. Biology
1974 Pomona College, Claremont, CA, B.A., Botany/Biology (Magna com Laude)

PROFESSIONAL ASSOCIATIONS

American Psychological Association
Association for Contextual Behavioral Science
Gerontological Society of America (Fellow, 2004)
Sleep Research Society
Society for Behavioral Sleep Medicine
Washington State Psychological Association

REPRESENTATIVE RESEARCH EXPERIENCE/GRANTS

2016-2021 Principal Investigator. Efficacy of scalable CBT for insomnia in older adults with osteoarthritis pain. National Institute on Aging.

2013-2015 Principal Investigator. Use of telephone CBT-I to treat menopause-related insomnia symptoms. Fred Hutchinson Cancer Research Center/National Institute on Aging.

2011-2014 Principal Investigator. Community translation of STAR-C. Washington State Department of Social and Health Services Contract.

2008-2014 Principal Investigator. Cognitive behavioral therapy for arthritis pain and insomnia in older adults. National Institute on Aging.

2007-2009 Principal Investigator. The Long Term Awareness Campaign, "*Own Your Future*": Program evaluation in the State of Washington. Research and Intramural Funding Program, University of Washington School of Nursing.

2006-2009 Principal Investigator. Efficacy of behavioral interventions to improve sleep in adult family homes. Alzheimer's Association Investigator Initiated Research Grant.

2005-2010 Principal Investigator. Behavioral treatment of nocturnal disturbances in AD. National Institute of Mental Health.

2004-2006 Principal Investigator. Development and feasibility testing of behavioral interventions to reduce sleep disturbances in adult family homes. Research and Intramural Funding Program, University of Washington School of Nursing.

2000-2001 Principal Investigator. Older women and frailty: A cross-cultural comparison. Center for Women's Health Research pilot grant, University of Washington School of Nursing.

- 1999-2004 Principal Investigator. Treatment of neuropsychiatric problems in dementia. NIMH K01-MH01644-03.
- 1995-1996 Principal Investigator. Behavioral treatment of sleep problems in dementia caregivers. Alzheimer's Disease Research Center pilot grant.
- 1992-1993 Principal Investigator. Treatment of sleep disturbance in AD caregivers. Alzheimer's Association Pilot Research Grant.

REPRESENTATIVE RESEARCH PUBLICATIONS

Refereed Journal Articles, Databased

1. **McCurry, S.M.**, Logsdon, R.G., Mead, J., Pike, K.C., LaFazia, D.M., Stevens, L., & Teri, L. (2017). Adopting evidence-based caregiver training programs in the real world: Outcomes and lessons learned from the STAR-C Oregon translation study. *Journal of Applied Gerontology*, *36*(5):519-536. doi:10.1177/0733464815581483
2. Curyto, K.J., **McCurry, S.M.**, Luci, K., Galkowski, L., Karlin, B.E., Teri, L., & Karel, M.J. (2017). Managing challenging behaviors of dementia in veterans: Identifying and changing activators and consequences using STAR-VA. *Journal of Gerontological Nursing*, *43*(2): 33-43. doi: 10.3928/00989134-20160930-01
3. Buchanan, D.T., **McCurry, S.M.**, Eilers, K., Applin, S., Williams, E.T., Voss, J.G. (2016). Brief Behavioral Treatment for Insomnia in persons living with HIV. *Behavioral Sleep Medicine* June 30 [Epub ahead of print]. doi: 10.1080/15402002.2016.1188392
4. **McCurry, S.M.**, Guthrie, K.A., Morin, C.M., Woods, N.F., Landis, C.A., Ensrud, K.E., Larson, J.C., Joffe, H., Cohen, L.S., Hunt, J.R., Newton, K.M., Otte, J.L., Reed, S.D., Sternfeld, B., Tinker, L., & LaCroix, A.Z. (2016). Telephone-based cognitive behavioral therapy for insomnia in peri- and post-menopausal women with vasomotor symptoms: A MsFLASH randomized clinical trial. *JAMA Internal Medicine*, *176*(7):913-920. doi: 10.1001/jamainternmed.2016.1795
5. **McCurry, S.M.**, Song, Y., & Martin, J. Sleep in caregivers: What we know and what we need to learn. (2015). *Current Opinion in Psychiatry*, *28*(6):497-503. doi: 10.1097/YCO.0000000000000205
6. Iwasaki, M., Pierson, M.E., Madison, D., & **McCurry, S.M.** (2015). Long-term care planning and preferences among Japanese American baby boomers: Comparison to Non-Japanese Americans. *Geriatrics & Gerontology International*, *16*(9):1074-1084. doi: 10.1111/ggi.12601
7. Balderson, B., **McCurry, S.M.**, Vitiello, M.V., Shortreed, S.M., Rybarczyk, B.D., Keefe, F.J., & Von Korff, M. (2015). Information without implementation: A practical strategy for developing controls for behavioral interventions. *Behavioral Sleep Medicine*, *14*(5):514-527. doi:10.1080/15402002.2015.1036271
8. Vitiello, M.V., **McCurry, S.M.**, Shortreed, S.M., Baker, L.D., Rybarczyk, B.D., Keefe, F.J., & Von Korff, M. (2014). Short-term improvement in insomnia symptoms predicts long-term improvements in sleep, pain, and fatigue in older adults with co-morbid osteoarthritis and insomnia. *Pain*, *155*(8):1547-1554. doi: 10.1016/j.pain.2014.04.032
9. **McCurry, S.M.**, Shortreed, S.M., Vitiello, M.V., Balderson, B.H., Baker, L.D., Rybarczyk, B.D., & Von Korff, M. (2014). Who benefits from CBT for insomnia in primary care? Important patient selection and trial design lessons from longitudinal results of the Lifestyles trial. *Sleep*, *37*(2):299-308. doi: 10.1111/jgs.12275
10. Vitiello, M.V., **McCurry, S.M.**, Shortreed, S.M., Balderson, B.H., Baker, L.D., Keefe, F.J., Rybarczyk, B.D., & Von Korff, M. (2013). Cognitive-behavioral treatment for co-morbid insomnia and osteoarthritis pain in primary care: The lifestyles randomized controlled trial. *Journal of the American Geriatrics Society*, *61*(6): 947-956. doi: 10.1111/jgs.12275
11. **McCurry, S.M.**, LaFazia, D.M., Pike, K.C., Logsdon, R.G., & Teri, L. (2012). Development and evaluation of a sleep education program for older adults with dementia living in adult family homes. *American Journal of Geriatric Psychiatry*, *20*(6):494-504. doi: 10.1097/JGP.0b013e318248ae79
12. Teri, L., **McCurry, S.M.**, Logsdon, R.G., Gibbons, L.E., Buchner, D.M., & Larson, E.B. (2011). A randomized controlled clinical trial of SPA – the Seattle Protocol for encouraging Social and Physical Activity in older adults. *Journal of the American Geriatrics Society*, *59*(7):1188-1196. doi: 10.1111/j.1532-5415.2011.03454.x

13. **McCurry, S.M.**, Pike, K.C., Vitiello, M.V., Logsdon, R.G., Larson, E.B., & Teri, L. (2011). Increasing walking and bright light exposure to improve sleep in community-dwelling persons with Alzheimer's disease: Results of a randomized, controlled trial. *Journal of the American Geriatrics Society*, *59*(8):1393-1402. doi: 10.1111/j.1532-5415.2011.03519.x
14. **McCurry, S.M.**, Pike, K.C., Logsdon, R.G., Vitiello, M.V., Larson, E.B., & Teri, L. (2010). Predictors of short and long-term adherence to a daily walking program in persons with Alzheimer's disease. *American Journal of Alzheimer's Disease and Other Dementias*, *25*(6): 505-512. doi: 10.1177/1533317510376173
15. **McCurry, S.M.**, LaFazia, D.M., Pike, K.C., Logsdon, R.G., & Teri, L. (2009). Managing sleep disturbances in adult family homes: Recruitment and implementation of a behavioral sleep education program. *Geriatric Nursing*, *30*(1): 36-44. doi: 10.1016/j.gerinurse.2008.05.001
16. **McCurry, S.M.**, Gibbons, L.E., Logsdon, R.G., Vitiello, M.V., & Teri, L. (2009). Insomnia in caregivers of persons with dementia: Who is at risk and what can be done about it? *Sleep Medicine Clinics*, *4*(4): 519-526. doi:10.1016/j.jsmc.2009.07.005
17. **McCurry, S.M.**, Logsdon, R.G., Teri, L., & Vitiello, M.V. (2007). Evidence-based psychological treatments for insomnia in older adults. *Psychology and Aging*, *22*(1), 18-27. doi: 10.1037/0882-7974.22.1.18
18. Logsdon, R.G., **McCurry, S.M.**, & Teri, L. (2007). Evidence-based psychological treatments for disruptive behaviors in individuals with dementia. *Psychology and Aging*, *22*(1), 28-36. doi: 10.1037/0882-7974.22.1.28
19. **McCurry, S.M.**, Logsdon, R.G., Teri, L., & Vitiello, M.V. (2007). Sleep disturbances in caregivers of persons with dementia: Contributing factors and treatment implications. *Sleep Medicine Reviews*, *11*, 143-153. doi:10.1016/j.smrv.2006.09.002
20. **McCurry, S.M.**, Gibbons, L.E., Logsdon, R.G., Vitiello, M.V., & Teri, L. (2005). Nighttime Insomnia Treatment and Education for Alzheimer's Disease (NITE-AD): A randomized controlled trial. *Journal of the American Geriatrics Society*, *53*(5), 793-802. doi: 10.1111/j.1532-5415.2005.53252.x
21. Teri, L., **McCurry, S.M.**, Logsdon, R.G., & Gibbons, L.E. (2005). Training community consultants to help family members improve dementia care: A randomized controlled trial. *The Gerontologist*, *45*(6), 802-811. doi: 10.1093/geront/45.6.802
22. Logsdon, R.G., **McCurry, S.M.**, & Teri, L. (2005). A home health care approach to exercise for persons with Alzheimer's disease. *Care Management Journals*, *6*(2), 90-97. doi: 10.1891/cmaj.6.2.90
23. **McCurry, S.M.**, Logsdon, R.G., Vitiello, M.V., & Teri, L. (2004). Treatment of sleep and nighttime disturbances in Alzheimer's disease: A behavior management approach. *Sleep Medicine*, *5*(4), 373-377. doi: 10.1016/j.sleep.2003.11.003
24. Hayes, S.C., Strosahl, K., Wilson, K.G., Bissett, R.T., Pistorello, J., Toarmino, D., Polusny, M.A., Dykstra, T.A., Batten, S.V., Bergan, J., Stewart, S.H., Zvolensky, M.J., Eifert, G.H., Bond, F.W., Forsyth, J.P., Karekla, M., & **McCurry, S.M.** (2004). Measuring experiential avoidance: A preliminary test of a working model. *Psychological Record*, *54*(4), 553-578. doi: 10.1037/025258.67
25. **McCurry, S.M.**, Gibbons, L.E., Logsdon, R.G., Vitiello, M.V., & Teri, L. (2003). Training caregivers to change the sleep practices of patients with dementia: The NITE-AD study. *Journal of the American Geriatrics Society*, *51*(10), 1455-1460. doi: 10.1046/j.1532-5415.2003.51466.x
26. Teri, L., Gibbons, L.E., **McCurry, S.M.**, Logsdon, R.G., Buchner, D.M., Barlow, W.E., Kukull, W.A., LaCroix, A.Z., McCormick, W.C., & Larson, E.B. (2003). Exercise plus behavioral management in patients with Alzheimer's disease: A randomized controlled trial. *JAMA*, *290*(15), 2015-2022. doi:10.1001/jama.290.15.2015
27. **McCurry, S.M.**, Reynolds, C.F., Ancoli-Israel, S., Teri, L., & Vitiello, M.V. (2000). Treatment of sleep disturbance in Alzheimer's disease. *Sleep Medicine Reviews*, *4*(6), 603-628. doi:10.1053/smrv.2000.0127
28. **McCurry, S.M.**, Logsdon, R.L., Teri, L., Gibbons, L.E., Kukull, W., Bowen, J.D., McCormick, W.C., & Larson, E.B. (1999). Characteristics of sleep disturbance in community-dwelling AD patients. *Journal of Geriatric Psychiatry and Neurology*, *12*(2), 53-59. doi: 10.1177/0891988706292758
29. **McCurry, S.M.**, & Larson, E.B. (1999). Management of dementia in primary care. *Clinical Geriatrics*, *7*, 14-16, 21-24, 26.

30. **McCurry, S.M.**, Logsdon, R.G., Vitiello, M.V., & Teri, L. (1998). Successful behavioral treatment for reported sleep problems in elderly caregivers of dementia patients: A controlled study. Journal of Gerontology: Psychological Sciences, *53B*, P122-P129. doi:10.1093/geronb/53B.2.P122
31. Teri, L., **McCurry, S.M.**, Buchner, D., Logsdon, R.G., LaCroix, A., Kukull, W.A., Barlow, W., & Larson, E.B.: (1998). Exercise and activity in Alzheimer's disease: A potential treatment focus. Journal of Rehabilitation Research and Development, *35*, 411-419.
32. Teri, L., Logsdon, R.G., Uomoto, J., & **McCurry, S.M.** (1997). Behavioral treatment of depression in dementia patients: A controlled clinical trial. Journal of Gerontology: Psychological Sciences, *52B*, P159-P166. doi: 10.1093/geronb/52B.4.P159
33. Chambless, D.L., Sanderson, W.C., Shoham, V., Johnson, S.B., Pope, K.S., Crits-Christoph, P., Baker, M., Johnson, B., Woody, S.R., Sue, S., Beutler, L.O., Williams, D.A., & **McCurry, S.M.** (1996). An update on empirically validated therapies. The Clinical Psychologist, *49*, 5-18.
34. **McCurry, S.M.**, Logsdon, R.G., & Teri, L. (1996). Behavioral treatment of sleep disturbance in elderly dementia caregivers. Clinical Gerontologist, *17*(2), 35-50. doi: 10.1300/J018v17n02_04
35. Teri, L., **McCurry, S.M.**, Edland, S.D., Kukull, W.A., & Larson, E.B. (1995). Cognitive decline in Alzheimer's disease: A longitudinal investigation of risk factors for accelerated decline. Journal of Gerontology: Medical Sciences, *50*, M49-M55. doi:10.1093/gerona/50A.1.M49
36. **McCurry, S.M.**, & Teri, L. (1995). Sleep disturbance in elderly caregivers of dementia patients. Clinical Gerontologist, *16*(2), 51-66. doi: 10.1300/J018v16n02_05
37. **McCurry, S.M.**, & Hayes, S.C. (1992). Clinical and experimental perspectives on metaphorical talk. Clinical Psychology Review, *12*(7), 763-785. doi: 10.1016/0272-7358(92)90023-2

Books

1. **McCurry, S.M.**, & Drossel, C. (2011). Treating dementia in context: A step by step guide to working with individuals and families. Washington, DC: American Psychological Association Press. doi: 10.1037/12314-002
2. **McCurry, S.M.** (2006). When a family member has dementia: Steps to becoming a resilient caregiver. Westport, CT: Praeger Publishers.

Book Chapters

1. Teri, L. **McCurry, S.M.**, Logsdon, R.G., McGough, E.L. (2014). Exercise and health promotion for older adults with cognitive impairment. In: Pachana, N.A., & Laidlaw, K. (Eds.), The Oxford handbook of clinical geropsychology, pp. 1025-1044. Oxford University Press. doi: 10.1093/oxfordhb/9780199663170.001.0001
2. Tewary, S., Cook, N., Rokusek, C., Pandya, N., & **McCurry, S.M.** (2014). Research in advance dementia: Lessons learned from the community. In: P. Tanner (Ed.), Dementia: Prevalence, risk factors and management strategies, pp. 33-45. Hauppauge, NY: Nova Science Publishers.
3. **McCurry, S.M.**, & Vitiello, M.V. (2012). Commentary: Increasing walking and bright light exposure to improve sleep in community-dwelling persons with Alzheimer's disease. In: Lee-Chiong, T., Ed., Best of Sleep Medicine 2012, pp.160-162. Denver, CO: National Jewish Health.
4. Lichstein, K.L., Thomas, S.J., & **McCurry, S.M.** (2011). Sleep compression. In: Perlis, M.L., Aloia, M., & Kuhn, B. (Eds.) Behavioral treatments for sleep disorders: A comprehensive primer of behavioral sleep medicine treatment protocols, pp. 55-59. Elsevier/Academic Press. doi: 10.1016/B978-0-12-381522-4.00005-5
5. Logsdon, R.G., **McCurry, S.M.**, & Teri, L. (2008). Assessment and treatment of dementia related affective disturbances. In: Laidlaw, K., & Knight, R. (Eds.), The handbook of emotional disorders in late life: Assessment and treatment, pp. 345-362. New York: Oxford University Press.
6. Logsdon, R.G., Teri, L., & **McCurry, S.M.** (2006). Nonpharmacological treatment of severe dementia: The Seattle Protocols. In A. Burns and L.J. Winblad (Eds.) Severe Dementia, pp. 177-184. West Sussex, England: John Wiley and Sons.
7. **McCurry, S.M.**, Logsdon, R.G., Gibbons, L.E., Vitiello, M.V., & Teri, L. (2006). Behavioral treatment for sleep disturbances in Alzheimer's disease: The NITE-AD study. In: Vellas, B., Fitten, L.J., Winblad, B., Feldman, H.,

- Grundman, M., & Giacobini, E. (Eds.), Research and practice in Alzheimer's disease and cognitive decline, Volume 11, pp. 341-346. New York: Springer Publications.
8. Teri, L., Logsdon, R.G., & **McCurry, S.M.** (2005). The Seattle protocols: Advances in behavioral treatment of Alzheimer's disease. In: Vellas, B., Grundman, M., Feldman, H., Fitten, L.J., Winblad, B., & Giacobini, E. (Eds.), Research and practice in Alzheimer's disease and cognitive decline, Volume 10, pp. 153-158. New York: Springer Publications.
 9. Logsdon, R.G., Gibbons, L.E., **McCurry, S.M.**, & Teri, L. (2005). Assessing changes in quality of life in Alzheimer's disease. In: Vellas, B., Grundman, M., Feldman, H., Fitten, L.J., Winblad, B., & Giacobini, E. (Eds.), Research and practice in Alzheimer's disease and cognitive decline, Volume 10, pp. 221-225. New York: Springer Publications.
 10. Logsdon, R.G., **McCurry, S.M.**, & Teri, L. (2005). Behavioral treatment of affective disorders and associated symptoms. In: Attix, K., & Welsh-Bohmer, K. (eds.), Geriatric neuropsychological assessment and intervention, pp. 349-366. New York: Guilford Publications.
 11. Prinz, P.N., Poceta, S., & **McCurry, S.M.** (2002). Sleep in the dementing disorders. In: Lee-Chiong, T.L., Sateia, M., & Carskadon, M.A. (eds.), Sleep Medicine, pp. 497-507. Philadelphia, PA: Hanley & Belfus, Inc.
 12. **McCurry, S.M.**, & Larson, E.B. (2001). Dementia. McGraw-Hill Yearbook of Science & Technology, 2002, pp. 62-64. New York: McGraw-Hill Companies, Inc.
 13. Logsdon, R.G., Gibbons, L.E., **McCurry, S.M.**, & Teri, L. (2000). Quality of life in Alzheimer's disease: Patient and caregiver reports. In Albert, S.M. & Logsdon, R.G. (eds.) Assessing Quality of Life in Alzheimer's Disease, pp. 17-30. New York: Springer Publishing Co.
 14. Teri, L., & **McCurry, S.M.** (2000). Psychosocial therapies with older adults. In Coffey, C.E. & Cummings, J.C. (eds.), Textbook of geriatric neuropsychiatry, 2nd edition, pp. 861-890. Washington DC: American Psychiatric Press.
 15. **McCurry, S.M.**, & Schmidt, A. (1994). Acceptance, serenity, and resignation in elderly caregivers. In Hayes, S.C., Jacobson, N.S., Follette, V., & Dougher, M. (eds.), Acceptance and change: Content and context in psychotherapy, pp. 237-251. Reno, NV: Context Press.
 16. Hayes, S.C., & **Melancon, S.M.** (1989). Comprehensive distancing, paradox, and the treatment of emotional avoidance. In Ascher, M. (ed.), Therapeutic paradox, pp. 184-218. New York: Guilford Press.
 17. Hayes, S.C., Kohlenberg, B.S., & **Melancon, S.M.** (1989). Avoiding and altering rule control as a strategy of clinical intervention. In Hayes, S.C. (ed.), Rule governed behavior: Cognition, contingencies, and instructional control, pp. 359-385. New York: Plenum Press.

REPRESENTATIVE PRESENTATIONS

Peer-Reviewed Presentations

1. Tang, H., **McCurry, S.M.**, Riegel, B., Pike, K.C., & Vitiello, M.V. Open-loop audio-visual stimulation induces delta activity in older adults with pain and insomnia. Associated Professional Sleep Societies' 31st annual meeting, Boston, MA (June 3-7, 2017).
2. Koffel, E., Vitiello, M.V., **McCurry, S.M.**, Rybarczyk, B., Keefe, F., & Von Korff, M. Predictors of adherence to psychological treatment for insomnia and pain: Analysis from a randomized trial. Associated Professional Sleep Societies' 31st annual meeting, Boston, MA (June 3-7, 2017).
3. Liu, M., **McCurry, S.M.**, Vitiello, M.V., Belza, B., & Von Korff, M. Influence of osteoarthritis pain, comorbid insomnia, and depression on health care use in older adults with osteoarthritis. American College of Rheumatology/Association of Rheumatology Health Professionals 2016 annual meeting, Washington, DC (November 11-16, 2016).
4. **McCurry, S.M.**, Guthrie, K.A., Larson, J.C., Woods, N.F., Landis, C., Ensrud, K.E., Joffe, H., Cohen, L.S., Newton, K.M., Otte, J.L., Reed, S.D., Sternfeld, B., Morin, C.M., Hunt, J.R., Tinker, L., & LaCroix, A.Z. Effects of telephone-delivered CBT-I on sleep and mood outcomes: Do outcomes differ by burden of vasomotor symptoms? North American Menopause Society 27th annual meeting, Orlando, FL (October 5-8, 2016).

5. Souza, A., **McCurry, S.M.**, Martin, F., & Bowery, R.M. Creating nurturing environments for homeless older adults with cognitive impairment: An exploration of barriers and opportunities. Association for Contextual Behavioral Science World Conference 14, Seattle, WA (June 16-19, 2016).
6. **McCurry, S.M.** Expanding the reach of contextual behavioral science to older adult populations. Association for Contextual Behavioral Science World Conference 14, Seattle, WA (June 16-19, 2016) (symposium).
7. Tang, H., **McCurry, S.M.**, Von Korff, M., Pike, K.C., & Vitiello, M.V. Fatigue, dysfunctional beliefs about sleep, and pain catastrophizing are predictors of both sleep complain and daytime function in a large cohort of older adults with co-morbid insomnia and osteoarthritis pain. Associated Professional Sleep Societies' 30th annual meeting, Denver, CO (June 11-15, 2016) (poster).
8. Buchanan, D.T., Landis, C., Hohensee, C., Guthrie, K.A., Otte, J.L., Paudel, M., Anderson, G.L., Caan, B., Freeman, E.W., Joffe, H., LaCroix, A.Z., Newton, K.M., Reed, S.D., **McCurry, S.M.**, & Ensrud, K.E. Effects of yoga and aerobic exercise on actigraphic sleep parameters in menopausal women with hot flashes: Findings from the Menopause Strategies: Finding Lasting Answers for Symptoms and Health (MsFLASH) research group. Associated Professional Sleep Societies' 30th annual meeting, Denver, CO (June 11-15, 2016) (poster).
9. Curyto, K.J., Luci, K.S., **McCurry, S.M.**, Karlin, B.E., & Karel, M. STAR-VA: Identifying and changing activators and consequences to manage challenging behaviors in dementia. Gerontological Society of America 68th annual meeting, Orlando, FL (November 18-22, 2015).
10. **McCurry, S.M.** An RCT of telephone-based cognitive behavioral training for insomnia in midlife women with vasomotor symptoms. North American Menopause Society 26th annual meeting, Las Vegas, NV (September 30-October 3, 2015).
11. **McCurry, S.M.**, Guthrie, K.A., Morin, C.M., Woods, N.F., Landis, C., Larson, J.C., Cohen, L.S., Ensrud, K.E., Hunt, J., Joffe, H., Otte, J.L., Reed, S.D., Tinker, L., & LaCroix, A.Z. Efficacy of telephone delivered CBT-I versus menopause education for treating insomnia symptoms in midlife women with vasomotor symptoms. Associated Professional Sleep Societies' 29th annual meeting, Seattle, WA (June 6-10, 2015)
12. Taibi, D., **McCurry, S.M.**, Eilers, K., Applin, S., Williams, E.T., & Voss, J.G. Brief behavioral treatment for insomnia in people living with HIV. Associated Professional Sleep Societies' 29th annual meeting, Seattle, WA (June 6-10, 2015)
13. Larson, E.B., Crane, P., Bowles, E., Walker, R. Anderson, M., White, D., Richmire, K, LaCroix, A., **McCurry, S.M.**, Teri, L., Mukherjee, S., & Montine, T.J. The Group Health-University of Washington Adult Changes in Thought Study: A living, learning laboratory for aging and multiple chronic conditions research. HMO Research Network conference, Long Beach, CA (March 11-13, 2015) (poster).
14. Tewary, S., Cook, N., Maurice, L., Ownby, R., & **McCurry, S.M.** Educating caregivers to help improve sleep among persons with dementia: A six week community-based pilot program. Gerontological Society of America 67th annual meeting, Washington, DC (November 5-9, 2014) (poster).
15. Logsdon, R.G., Pike, K.C., **McCurry, S.M.**, & Teri, L. Early stage memory loss programs: Results of a randomized clinical trial comparing single session to multi-session support groups. Gerontological Society of America 67th annual meeting, Washington, DC (November 5-9, 2014).
16. Karel, M.J., Karlin, B.E., McConnell, E.S., **McCurry, S.M.**, Visnic, S., & Teri, L. STAR-VA: An interdisciplinary, behavioral intervention for challenging behaviors in dementia. Gerontological Society of America 67th annual meeting, Washington, DC (November 5-9, 2014).
17. Karlin, B., **McCurry, S.M.**, Karel, M., McConnell, E.S., & Teri, L. STAR-VA Intervention: Overview and lessons learned from pilot implementation. American Psychological Association 122nd annual convention, Washington, DC (August 7-10, 2014).
18. Salib, B., Pope, C., Curyto, K.J., **McCurry, S.M.**, & Teri, L. STAR-VA competency-based training program: Consultation, implementation, and evaluation. American Psychological Association 122nd annual convention, Washington, DC (August 7-10, 2014).
19. Karel, M.J., Karlin, B.E., Visnic, S., **McCurry, S.M.**, Teri, L., Wilhoite, K., Galkowski, L., & McConnell, E.S. STAR-VA program evaluation: Clinical and training outcomes. American Psychological Association 122nd annual convention, Washington, DC (August 7-10, 2014).

20. Twohig, M.P., **McCurry, S.M.**, Walser, R.D., Wilson, K.G. What defines the Association for Contextual Behavioral Science and where should we be in 10 years? Panel presentation, Association for Contextual Behavioral Science World Conference 12, Minneapolis, MN (June 17-22, 2014)
21. Vitiello, M.V., **McCurry, S.M.**, Shortreed, S.M., Baker, L.D., Rybarczyk, B., Keefe, F., & Von Korff, M., Improved sleep quality predicts long-term improvements in sleep, pain, and fatigue in older adults with co-morbid osteoarthritis and insomnia. Associated Professional Sleep Societies' 28rd annual meeting, Minneapolis, MN (May 31-June 4, 2014).
22. Cook, N., Tewary, S., Maurice, L., Ownby, R., & **McCurry, S.M.** Educating caregivers to help improve sleep in patients with dementia – learning from seniors to improve program design, intervention and evaluation. 141st American Public Health Association annual meeting (November 2-6, 2013).
23. **McCurry, S.M.**, Shortreed, S.M., Von Korff, M., Balderson, B., Baker, L.D., Keefe, F., & Rybarczyk, B., Vitiello, M.V. Durability of CBT-I treatment effects for co-morbid insomnia and osteoarthritis pain: 18-month results from the Lifestyles trial. Associated Professional Sleep Societies' 27rd annual meeting, Boston, MA (June 9-13, 2013) (poster).
24. **McCurry, S.M.**, Logsdon, R.G., Pike, K.C., McGough, E.L., & Teri, L. Predicting quality of life in community-dwelling older adults with mild cognitive impairment (MCI). Gerontological Society of America 65th annual meeting, San Diego, CA (November 14-18, 2012) (poster).
25. Logsdon, R.G., Teri, L., & **McCurry, S.M.** A comparative efficacy trial of social support and physical activity interventions for early stage dementia. Gerontological Society of America 65th annual meeting, San Diego, CA (November 14-18, 2012) (symposium).
26. **McCurry, S.M.**, Teri, L., Logsdon, R.G., LaFazia, D.M., Mead, J., Stevens, L., & Korte, L. STAR-C moving from RCT to translation – Initial findings from Oregon and beyond. Gerontological Society of America 65th annual meeting, San Diego, CA (November 14-18, 2012) (symposium).
27. Trittschuh, E.H., Cholerton, B., Larson, E., Crane, P., **McCurry, S.M.**, McCormick, W.C., Bowen, J., Arbuckle, M., Baker, L., & Craft, S. Association of instrumental activities of daily living with MCI diagnosis in a large, older, community-based population. Alzheimer's Association International Conference 2012, Vancouver, British Columbia, Canada (July 14-19, 2012).
28. McGough, E.L., **McCurry, S.M.**, Logsdon, R.G., Pike, K.C., & Teri, L. Cognitive function in relation to physical performance in older adults with amnesic mild cognitive impairment. Alzheimer's Association International Conference 2012, Vancouver, British Columbia, Canada (July 14-19, 2012).
29. Cholerton, B., Baker, L.D., Trittschuh, E.H., Larson, E.B., Crane, P.K., **McCurry, S.M.**, McCormick, W.C., Bowen, J.D., Arbuckle, M., Hernandez, H., & Craft, S. Mild cognitive impairment: Classification methods and two-year dementia conversion rates. Alzheimer's Association International Conference 2012, Vancouver, British Columbia, Canada (July 14-19, 2012).
30. Parsons, E.C., Caldwell, E.S., Rubenfeld, G.D., Kapur, V.K., **McCurry, S.M.**, Vitiello, M.V., Engelberg, R., Curtis, J.R., & Hough, C.L. Insomnia symptoms are associated with worse physical function status among survivors of prolonged mechanical ventilation. American Thoracic Society 2012 International Conference, San Francisco, CA (May 18-23, 2012) (poster).
31. **McCurry, S.M.** Metaphor in ACT: You can run but you can't hide. Association for Behavior Analysis, 18th annual conference, San Francisco, CA (1992, May 24-28).
32. **McCurry, S.M.** Metaphor, client experience, and emotional willingness in therapy. Association for the Advancement of Behavior Therapy, 24th annual conference, San Francisco, CA (1990, November 1-4).
33. Hayes, S.C., Wilson, K.G., Afari, N., & **McCurry, S.M.** Comprehensive Distancing in the treatment of agoraphobia. Advancement of Behavior Therapy, 24th annual conference, San Francisco, CA (1990, November 1-4).
34. **McCurry, S.M.** Therapeutic metaphors: Just another kind of verbal rule? Northern California Association for Behavior Analysis, 9th annual conference, San Francisco, CA (1990, March 9-11).

Invited Presentations/Special National and International Responsibilities

- Contextual behavioral science: Enhancing interventions with cognitively impaired older adults and family caregivers. Japanese Association for Behavior Analysis, Kyoto, Japan (August 24-26, 2018).
- Unique challenges in treating insomnia in the older adult. Society for Behavioral Sleep Medicine, Advanced Topics in Behavioral Sleep Medicine, Minneapolis, MN (2017, September 16-17).
- Workshop on measurement and study design considerations in self- and shared-management for sleep health. Panel discussion member, Center for Innovation in Sleep Self-Management, University of Washington, Seattle, WA (2017, May 12).
- Interventions on lifestyle and social support factors: Sleep quality and disorders. The National Academies of Sciences, Engineering, and Medicine, Preventing Dementia and Cognitive Impairment: A Workshop, Washington, DC (October 25, 2016).
- Aging and ACBS: A scientist/practitioner journey. Invited plenary session speaker, Association for Contextual Behavioral Science World Conference 14, Seattle, WA (June 14-19, 2016).
- Using contextual behavioral science to help persons with cognitive impairment and families. Centro Integral de Psicoterapias Contextuales (CIPCO), Cordoba, Argentina (May 7-8, 2016).
- Invited participant, 2015 White House Conference on Aging Regional Forum, Seattle, WA (April 9, 2015).
- Maximizing quality of life for older adults across the cognitive continuum. American Psychological Association State Leadership Conference, Washington, DC (March 14-17, 2015).
- Riding the roller coaster: Using evidence-based strategies to enhance quality of life in persons with neurocognitive disorders. Keynote speaker, 15th annual Updates on Dementia: Translating Research into Practice. Foster City, CA (2013, May 22).
- Translating innovation to impact: Evidence-based interventions to support people with Alzheimer's disease and their caregivers at home and in the community. Administration on Aging/Alliance for Aging Research, Washington DC (June 28, 2012).
- Behavioral strategies to facilitate activities of daily living. Alzheimer's Association 13th International Conference 2010, Honolulu, HI (July 10-15, 2010).
- Nonpharmacologic treatment of insomnia in older adults. 2008 Annual Scientific Meeting, American Association for Geriatric Psychiatry, Orlando, FL (March 14-17, 2008).
- Efficacy of behavioral interventions to improve sleep in adult family homes. Alzheimer's Association 11th International Conference on Alzheimer's Disease, Chicago, IL (July 26-31, 2008).
- Sleep disturbances and dementia caregiving. Sleep and Healthy Aging Consensus Conference, New York City, NY, (November 5, 2005).
- Managing sleep disturbances in dementia patients and caregivers: The behavioral nitty-gritty. Stanford University/Palo Alto Veteran's Administration 4th annual Translational Research education conference, Palo Alto, CA, (March, 2003).

Continuing Education Presentations

- Maximizing quality of life for older adults across the cognitive continuum. University of Washington Northwest Geriatrics Workforce Enhancement Center, Geriatric Healthcare Series, Seattle, WA (2017, May 30).
- Maximizing quality of life for older adults across the cognitive continuum. Washington State Psychological Association, Seattle, WA (2015, December 12).
- Sleep and dementia. University of Washington Northwest Geriatric Education Center, Geriatric Health Promotion for Health Care Providers 2009 Telehealth Series, Seattle, WA (2015, February 17).
- The role of non-pharmacological sleep interventions in chronic pain management. UW School of Nursing Education Conference ("The Challenge of Pain"), Lynnwood, WA (2015, January 22).
- Non-pharmacological approaches to insomnia. 7th Annual John D. Loeser Pain Conference ("Meeting the challenge of chronic pain management in the primary care setting"), UW School of Medicine, Seattle, WA (2014, November 7).

- Caring for persons with dementia: Why context matters. University of South Alabama Generational Resilience Conference, Mobile, AL (2014, October 30).
- Treating behaviors in context: Understanding the big picture in dementia care. Oregon Health Sciences University/Oregon Geriatric Education Center, Corvallis, OR (2014, April 3).
- Treating dementia in context: A practical model for managing mood and behavioral challenges. 15th annual McGinty Conference on Alzheimer's, Portland, OR (2013, April 18).
- Sleepless in Corvallis: Improving sleep in persons with dementia or chronic pain. Oregon State University 37th annual Gerontology Conference, Corvallis, OR (2013, April 4).
- The dementia DANCE: The top 10 tips for positive and resilient caregiving. Oregon State University 31st annual Gerontology Conference, Corvallis, OR (2013, April 4).
- What we are learning about dementia: Best practices in behavior management and care. Washington State Residential Care Council of Adult Family Homes annual spring conference, Spokane, WA (2012, May 17).
- The top 10 tips for resilient caregiving. 26th Annual Alzheimer's Education Conference, Shoreline, WA (2012, April 20).
- You can do more than you think you can: Applying a practical model to solving real behavioral challenges. Wisconsin Assisted Living Association, Wisconsin Dells, WI (2012, March 22).
- Evidence-based strategies to improve sleep in persons with dementia: What works when and where with whom? University of Wisconsin Alzheimer's Institute annual conference, Madison, WI (2011, November 4).
- Sleep: Help beyond pills. University of Washington 4th Annual John Loeser Pain Conference ("Self-management of chronic pain: Goal, tool, or too much work?"), Seattle WA (2011, October 29).
- Understanding and managing nocturnal disturbances in people with dementia. Alzheimer's Association Heart of America conference ("Defining hope: The second 12 hours"), Topeka, KS (2010, November 5).
- Differential diagnosis and treatment of cognitive disorders in older adults. Montana Geriatric Education Center Annual Conference, Missoula, MT (2010, October 12).
- Innovative methods of managing sleep disturbance in people with AD. University of California, San Diego Alzheimer's Disease Research Center Conference ("Alzheimer's disease: Update on research, treatment, and care"), San Diego, CA (2010, May 28).
- The dementia DANCE: A positive approach to resilient caregiving. Oregon State University 31st annual Gerontology Conference, Corvallis, OR (2007, April 10).
- Assessment and treatment of depression in older adults. Washington State Residential Care Council of Adult Family Homes 10th annual conference, Lynnwood, WA (2006, October 10).
- Managing problem behaviors in dementia. Washington State Residential Care Council of Adult Family Homes 10th annual conference, Lynnwood, WA (2006, October 10).
- Dances with dementia: Steps to promoting resilient caregivers. University of Washington Continuing Nursing Education conference ("Embracing aging in 2006: What's new about growing old?"), Seattle, WA (2006, July 13).
- Common challenges in dementia: Resistance to personal care. Washington State Department of Social and Health Services, Challenges in Caregiving: Giving Care, Taking Care Conference, Tukwila, WA (2005, June 6).
- Improving sleep in adult family homes. Adult Family Home Association of Washington. Lynnwood, WA (2004, March 9).
- Dealing with dementia in hospice home care. Washington State Hospice Organization (WSHO) fall conference, "The circle of hospice life," Seattle, WA (1999, September 16-17).
- Dementia in Late Life. Conference for physical and occupational therapists, "Improving Care at the End of Life," University of Puget Sound (1998, October 3).
- Assessment of geriatric clients in emergency situations. Workshop for the State of Washington Mental Health Professionals, Washington Institute for Mental Illness Research and Training (1995, June 23).

Clinical In-Service Presentations

- 2014 Guest tutor, Group Health Research Institute, T32 Fellowship training program (“Sleep, aging, and CBT-I”)
- 2000 Guest tutor, V.A. Puget Sound Health Care System, Psychology internship didactic series (“Empirically supported therapies”)
- 1998-1999 Guest tutor, UW Department of Psychiatry and Behavioral Sciences, Resident didactic series (“Problem-solving therapy”)
- 1997-2002 Guest tutor, UWMC Psychology Internship didactic series (“Issues in the validation of psychotherapeutic efficacy,” “Transitioning from Graduate School into Psychological Practice”)

Representative Community Presentations

Sleep and brain health. UW Medicine Memory & Brain Wellness Center (MBWC) and ERA Living Brain Health Series, Seattle, WA (2017, April 25).

Staying upbeat during down days. Crone of Puget Sound, Seattle WA (2011, February 26).

The top 10 tips for resilient caregiving. Teleconference for Practice Ground, an international evidence-based practice learning community (2009, October 23).

Becoming a resilient caregiver: When a family member has dementia. University of Washington Work/Life noontime seminar, Seattle, WA (2008, October 21).

Taking care of the caregiver. Seattle Public Library evening lecture series, Seattle, WA (2007, September 5).

Successful aging. American Association for Retired Persons, Auburn, WA (2000, October 18).

Sleep in normal aging. Northwest Hospital at the Northaven Retirement Home, Seattle WA (1999, March 2).

Alzheimer’s disease. Community workshop sponsored by Nikkei Concerns and the Kame project, Seattle, WA (1999, March 20).

REPRESENTATIVE PROFESSIONAL ACTIVITIES

NIH Study Section Reviewer

NIMH Interventions Committee for Schizophrenia Spectrum Disorders, Personality Disorders, and Disorders of Late Life (ITSP), 2007

National Institute of Health SBIT/STTR Neuro/Psychopathology, Lifespan Development, and STEM Education Special emphasis panel (RPHB 12), 2017

Editorial Boards

Journal of Clinical Psychology, 2010 – present

American Journal of Geriatric Psychiatry, triage editor, 2016

Ad Hoc Reviewer

American Psychological Association Books

Advances in Nursing Science

Aging and Mental Health

American Journal of Geriatric Psychiatry

Archives of Internal Medicine

Clinical Gerontologist

International Psychogeriatrics

Journal of the American Geriatrics Society

Journals of Gerontology: Medical and Psychological Sciences

Journal of Sleep Research

Psychology and Aging

Age & Aging

Alzheimer’s Disease and Associated Disorders

Annals of Internal Medicine

Behavioral Sleep Medicine

Gerontologist

International Journal of Geriatric Psychiatry

Journal of the American Medical Association

Journal of Nervous and Mental Disorders

Mental Health and Aging

Sleep

Continuing Education Planning

Chair, Aging in Context Special Interest Group, Association for Contextual Behavioral Sciences, 2016-present

Education Committee, Society for Behavioral Sleep Medicine, 2010 – 2013
Planning Committee, National Alzheimer’s Association 15th Annual Dementia Care Conference, August, 2007
Interventions Work Group, national Alzheimer’s Association, 2002
APA Division 12/Section II Task force on Treatment Guidelines, 2000 – 2002
APA Division 12 Committee on Science and Practice, 1995 – 2000

SERVICE, ADMINISTRATIVE AND ACADEMIC

Department of Psychosocial and Community Health

PCH Departmental IRB reviewer, 2015 – present

Vice Chair for Research, 2015 – present

School of Nursing

Internal Scientific Advisory Committee, Center for Innovation in Sleep Self-Management (P30 Center Grant, National Institute of Nursing Research), 2016-2021

Internal Scientific Advisory Committee, Center for Research on the Management of Sleep Disturbances, 2009-2014

University of Washington

Member – Institute of Translational Health Sciences (ITHS), 2011 – present

Member – UW Medicine Sleep Program, 2011 – present

Graduate Faculty, University of Washington Graduate College, 1999 – present

Community

Affiliate Investigator, Kaiser Permanente Washington Health Research Institute, 2009 – present (previously Group Health Research Institute)

COURSES TAUGHT

2016-17 *UCONJ411, Psychology of Aging*

2015 Clinical mentor, *ME414/599, Engineering Innovations in Medicine* (“Smart monitors for elders”)