

Shanon Cox

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Objective

- To learn and utilize Evidence-based treatments in the practice of clinical therapy for children and adolescents, with the ultimate goal of providing the best clinical care possible.

Education

MASTER OF ARTS | JULY 2018 | UNIVERSITY OF WASHINGTON

- Master of Arts in: Applied Child and Adolescent Psychology
- Cumulative GPA: 3.85
- Related coursework: Conceptual Foundations of Developmental Psychopathology, Child and Adolescent Psychopathology (Assessment and Diagnosis), Approaches to Child and Adolescent Treatment, Ethics and Law in Clinical Settings, Evidence Based Practices (CBT for Anxiety and TF-CBT), Evidence Based Practices (Parenting Interventions), Evidence Based Practices (Extreme and Complex Cases), Multicultural Issues in Counselling Settings,

BACHELOR OF SCIENCE | JUNE 2016 | UNIVERSITY OF WASHINGTON

- Major: Psychology
- Cumulative GPA: 3.85
- Related coursework: Biopsychology, Sociology of the Family, Theories of Social Psychology, Clinical Psychology, Facilitation of PTSD Recovery Seminar, Personality Psychology, Abnormal Psychology, Psychology Statistics, Organizational Industrial Psychology, Psychobiology of Women,

ASSOCIATE IN ARTS AND SCIENCES | AUGUST 2014 | EVERETT COMMUNITY COLLEGE

- Cumulative GPA: 4.0
- Related coursework: Lifespan Psychology, Research Methods, Psychology of Human Sexuality

Clinical Experience

CLINICAL THERAPIST | SHANON THERAPY SERVICES | OCTOBER 2018-PRESENT

- Responsibilities: Psychotherapy, Formulation of treatment plans, Scheduling clients, Session paperwork and notes, Quarterly case presentation

CLINICIAN II | COMPASS HEALTH | SEPTEMBER 2018-PRESENT

- Responsibilities: Psychotherapy, Formulation of treatment plans, Scheduling clients, Session paperwork and notes, Quarterly case presentation

CLINICAL INTERN | COMPASS HEALTH | SEPTEMBER 2017-PRESENT

- Responsibilities: Psychotherapy, Formulation of treatment plans, Scheduling clients, Session paperwork and notes, Quarterly case presentation

Research Experience

RESEARCH STUDY COORDINATOR/RESEARCH ASSISTANT | UNIVERSITY OF WASHINGTON SCHOOL-BASED MENTAL HEALTH ASSESSMENT, RESEARCH, AND TRAINING (SMART) CENTER | JUNE 2016-PRESENT

- Responsibilities: Field research interviews, Scheduling participant assessments, Scheduling clinical and research trainings and focus groups, Quantitative/Qualitative data entry, Participant tracking, Assessment reminders, Survey development, Checking and formatting of references and citations for papers being sent to publication

UNDERGRADUATE RESEARCH ASSISTANT | UNIVERSITY OF WASHINGTON DORSEY LAB | JUNE 2015-PRESENT

- Responsibilities include: Analyzing/entering qualitative data, Entering quantitative data, Formatting research technology tools for study participants, Literature searches for papers being prepared for publication, Revision and editing of research papers being prepared for publication

UNDERGRADUATE RESEARCH ASSISTANT | DEVELOPMENTAL PATHWAYS PROJECT | JAN 2015-JAN 2016

- Responsibilities include: Entering quantitative data, Literature searches for papers being prepared for publication, Revision and editing of research papers being prepared for publication, Acting as a confederate in a study regarding the efficacy of training techniques

Research Project Participation

ADAPTIVE DECISION MAKING IN ADOLESCENT PSYCHOTHERAPY (ADAPT)| IN PROGRESS

- Investigators: Adrian, McCauley, Patrick
- Role: Research Coordinator (Sept 2017-July 2018)
- Responsibilities: Participant recruitment and consent, Participant tracking, Digital survey building, Scheduling and conducting research interviews, Data tracking and analysis

BELIEFS AND ATTITUDES FOR SUCCESSFUL IMPLEMENTATION IN SCHOOLS (BASIS)| IN PROGRESS

- Investigators: Lyon, Cook, Duong, Pullmann
- Role: Research Coordinator (Aug 2016-July 2018)
- Responsibilities: Focus group coordination and facilitation support, Digital survey building, Data tracking

ADOLESCENT INTERVENTION MOTIVATION (AIM)| COMPLETED

- Investigators: Adrian, McCauley, Patrick
- Role: Research Assistant (Feb 2017-Dec 2017)
- Responsibilities: Participant recruitment and consent, Qualitative code book development and coding, Focus group facilitation support, Transcription

ORGANIZATIONAL ASSESSMENT FOR STRATEGIC IMPLEMENTATION IN SCHOOLS (OASIS)| IN PROGRESS

- Investigators: Lyon, Cook, Brown, Duong, Ehrhart
- Role: Research Assistant (Aug 2016-Oct 2017)
- Responsibilities: Consenting participants, Scheduling and conducting research interviews, Interview question development, Data collection, Composing data reports, Digital survey building

BRIEF INTERVENTION FOR SCHOOL CLINICIANS (BRISC)| IN PROGRESS

- Investigators: Bruns, McCauley, Ludwig, Lyon, Pullmann,
- Role: Research Assistant (Aug 2016-Oct 2017)
- Responsibilities: Consenting participants, Scheduling and conducting research interviews, Administering standardized assessments, Composing data reports, Participant tracking

COLLABORATIVE ADOLESCENT RESEARCH ON EMOTIONS AND SUICIDE (CARES)| COMPLETED

- Principal investigators: Linehan, McCauley, Asarnow, Berk
- Role: Research Assistant (June 2016-June 2017)
- Responsibilities: Scheduling clinical assessments, Participant tracking, Survey data collection

Papers and Presentations

ADOLESCENT AND PARENT PERCEPTIONS OF ENGAGING AND EFFECTIVE PSYCHOLOGICAL TREATMENT FOR SUICIDAL BEHAVIORS | FEB 2018 | PAPER

- Authors: Molly Adrian, Shanon Cox, Appy Ridge Anderson, Donald Patrick, & Elizabeth McCauley
- Analyzed qualitative interviews and focus groups transcriptions
- Developed a code book and coding system based on and informed by the data received
- Coded and tallied data, developed tables, and discussions about implications

- Paper submitted for publication and under review by the Journal of Child and Family Studies
- SOME RELIEF FROM GRIEF: A QUALITATIVE STUDY OF CHILD AND CAREGIVER REACTIONS TO TRAUMA-FOCUSED COGNITIVE BEHAVIORAL THERAPY IN KENYA AND TANZANIA | MAY 2016 | POSTER**
- Authors: Shanon Cox, Khalil Somani, Leah Lucid, Shannon Dorsey, Kathryn Whetton, Dafrasa Itemba, & Augustine Wasonga.
 - Analyzed qualitative interviews conducted in Kenya and Tanzania
 - Developed a code book and coding system based on and informed by the data received
 - Coded and tallied data, developed tables, and discussions about implications
 - Presented as a poster at the University of Washington Undergraduate Research Symposium

BOYS DON'T CRY: A STUDY OF ADULT PERCEPTIONS OF CHILD BEHAVIOR | MARCH 2016 | RESEARCH PAPER

- Authors: Shanon Cox & Drew Hale
- Developed a research question and research study design
- Formulated a survey measure to collect data
- Compiled and analyzed data using SPSS
- Composed APA formatted research paper (unpublished)

HETEROSEXUAL ATTITUDES REGARDING HOMOSEXUALS IN SOCIAL SITUATIONS | JUNE 2014 | RESEARCH PAPER

- Author: Shanon Cox
- Developed a research question and research study design
- Formulated a survey measure to collect data
- Compiled and analyzed data and formulated graphs and tables using Excel
- Composed APA formatted research paper (unpublished)

Professional Experience

FINANCIAL SERVICE REPRESENTATIVE | OPUS BANK | JAN 2011-JAN 2014

- Responsibilities include: Cash handling, Customer service, Data entry and profile maintenance, Problem solving, Task management

VISITATION SUPERVISOR | JEWEL FAMILY SERVICES | NOV 2009-FEB 2011

- Responsibilities include: Supervision of visitation of foster children and their biological parents, Observing and documenting activities and behaviors, Coordinate and schedule visitation, Monitoring of safety concerns, Objective reporting, Consultation with court officers and social workers

FOSTER PARENT | WASHINGTON STATE DCFS | AUG 2008-DEC 2012

- Responsibilities include: Supervision and care of foster children, Regular attendance and participation in different forms of therapy, Coordinate visitation scheduling, Monitoring of safety concerns, Consultation with court officers and social workers, Ongoing training in child care and management techniques

Honors and Awards

- Graduated Magna Cum Laude from University of Washington
- Dean's List for all quarters attended at University of Washington undergraduate
- Graduated with President's Distinction from Everett Community College
- Awarded for Academic Success for all quarters attended at Everett Community College
- Member of Psi Chi National Honors Society; University of Washington Chapter

Skills and Abilities

- Familiarity with Evidence-based interventions including: CBT for Anxiety, TF-CBT, Mindfulness, DBT, MST, Parenting interventions
- Participated in a clinical CBITS (Cognitive Behavioral Intervention for Trauma in Schools) training

- Some training in the BRISC (Brief Intervention for School Clinicians) methods
- Understanding of the EMR (Enhance, Maintain, Restore) Intervention technique
- Some experience with: SPSS, Excel, Qualtrics
- Proficient in: Word processing, Literature research, APA formatting
- Current training in Research with Human Subjects
- Able to work confidentially, independently, and as part of a team
- Able to take new tasks to proficiency quickly