

Curriculum Vita:

Carol R. Hirshfield, Ph.D.

Psychologist (CA PSY16827) (WA PY90609142)

email: drcarol@drcarolhirshfield.com

web site: <http://www.DrCarolHirshfield.com>

11340 W. Olympic Blvd., Suite 265
Los Angeles, CA 90064
(310) 473-3200

1307 N. 45th Street, Ste. 200
Seattle, WA 98103
310-560-7978

The Fielding Institute, Santa Barbara, CA: PH.D., Clinical Psychology, 1998. Pre-doctoral Internship: Julia Ann Singer Center, Los Angeles, CA.

The New School for Social Research, New York, NY: M.A., Developmental Psychology. 1977.

Hunter College, New York, NY: B.A., Psychology (Major), Anthropology (Minor). 1972.

POST-GRADUATE TRAINING

The Gottman Institute. Seattle, WA, Gottman Method Couples Therapy. Level 1, 2 and 3 Training. Completed October 2017

Center for Dispute Resolution, Santa Monica, CA: Advanced Training in Mediation, Collaborative Negotiation and Conflict Resolution, 1993.

NJ Center for Family Studies: Millburn, NJ: Family Systems Therapy Certificate, 2 years postgraduate studies. 1979-1981.

PROFESSIONAL EXPERIENCE

Private practice April 2019 to present
Seattle Psychology, Seattle, WA

Private practice March 1993 to present
Los Angeles and Santa Monica, CA
Private practice in individual & family therapy, social skills groups, collaborative divorce and custody mediation. Specialties: working with children with special needs and their families, high conflict divorce.

Consultant April 2008 to June 2013
Lovaas Institute, Culver City, CA

This agency provides behavioral treatment (ABA) for children with autistic spectrum disorders. Provide supervision and consultation to staff members as well as client families.

Psychological Consultant May 2001 to June 2008
SAMUEL GOLDWYN FOUNDATION CHILDREN'S CENTER

Day care center for children ages 18 mos. to 5 yrs. Helped identify children at risk, trained staff, taught parenting workshops, and provided consultation to administrative staff.

WESTLAND SCHOOL: Educational Consultant
Bel Air, CA January 1999 to 2004

Part time school psychologist position involving consultation to teachers and parents, screening students for learning disabilities, parent education.

JULIA ANN SINGER CENTER: Staff Therapist.
Los Angeles, CA April 1997 to April 1999
Therapist providing child-centered family therapy in outpatient mental health facility.

CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY (now Alliant University): Adjunct Faculty.
Alhambra, CA September 1994 to June 1997
Taught graduate level courses on clinical applications of family systems therapy, and couples' therapy.

WESTMARK SCHOOL: Transition Specialist
Encino, CA. August 1994 to June 1996
Consultant to school for children with learning disabilities. Developed and implemented transition planning, for post-high school plans for college and /or work.

INDEPENDENCE CENTER: Founding Director

Los Angeles, CA April 1986 to August 1994

Developed and implemented improved model of service delivery for young adults with learning disabilities (originally developed in JESPY House). Duties included hiring and supervising staff, intakes and interventions with clients and families, liaison with board, overall administrative responsibilities.

JESPY HOUSE: Founding Director, Clinical Director

South Orange, NJ August 1978 to October 1985

Developed and implemented a unique model of service delivery to a population heretofore not served: young adults (ages 18-30) with low average intelligence and learning disabilities. Program facilitated transition

from home or residential school to independent living. Administration of ongoing program, especially with regard to clinical services.

MOTHERS' CENTER OF CENTRAL NEW JERSEY: Founder & Trainer

Scotch Plains, NJ June 1978 to June 1984

Founded parenting center dedicated to peer-led support groups for new mothers and mothers of young children. Developed and co-led peer facilitator training course, workshops, child care, parenting education and self-fulfillment. Organized all-day conference in March 1978 featuring Boston Women's Health Book Collective, and other noted speakers.

MONTCLAIR STATE COLLEGE: Adjunct Professor

Upper Montclair, NJ Spring 1979, 1980

Taught undergraduate child development, infant development courses.

BOERUM HILL REHABILITATION RESIDENCE: Counselor

Brooklyn, NY November 1976-September 1977

Counselor to 36 adults in psychiatric halfway house. Duties included group, individual & family counseling, case management, intake, crisis intervention, & vocational guidance.

BERNARD FINESON DEVELOPMENTAL CENTER: Psychological Assistant.

Howard Beach, NY

January 1975 to November 1976

State-run facility for developmentally disabled children, formerly housed at Willowbrook. Team member responsible for psychological evaluations and treatment planning, consulting to multidisciplinary team.

PUBLICATIONS

Hirshfield, C. (1997 Fall). Learning Disabilities and Families. The Educational Therapist. 18(3), 15-17.

Hirshfield, C. (1994 Win). The ABCs of Vocational Guidance: How You Can Help Your Adolescent and Adult Clients. The Educational Therapist, 15(1). 8-11.

Hirshfield Goodman, C. and Brown, D. (1992 Jul/Aug). Learning Disabilities and the Workplace. LDA Newsbriefs. 9.

Hirshfield, C. and Brown, D. (1992 Spr). Uncovering Learning Disabilities Can Enhance Job Performance. Employment Relations Today. 39-41.

Goodman, C. (1988) Helping Families Cope: Families with Learning Disabled Children. Paper presented at the International Conference of the Association for Children and Adults with Learning Disabilities. (ERIC Document ED 298 686)

Goodman, C. (1988) Learning How to Work. Their World: A Publication of the Foundation for Children with Learning Disabilities, 67.

Goodman, C., Brown, D., Goodman, S., Buffton, W. (1983) Independent Living for Learning Disabled Adults. Bridges to Tomorrow: the Best of ACLD. Proceedings of the International Association for Children & Adults with Learning Disabilities, 19-23.

PROFESSIONAL AFFILIATIONS

American Psychological Association, Member
Academy of Family Court Conciliators (AFCC), Member
International Association of Collaborative Professionals, IACP
Los Angeles County Bar Association, Family Law Section, Affiliate
Los Angeles Collaborative Family Law Association

PROFESSIONAL PRESENTATIONS & TRAININGS (Partial List)

Minors' Counsel Training, LA County Bar Association, October 2017.

Child Custody Colloquium, LA County Bar Association. "Co-parenting".
October 2019, 2017

CA Bar Association, Dispute Resolution Services Committee. Children
with Special Needs and what family law professionals need to know to
mediate or collaborate on divorce, including how to assemble experts.
March 2014.

AFCC International Conference, Los Angeles, CA. "The Voice of the Child
with Special Needs: Input into Legal Proceedings", a panel presentation,
May 2013

Association of Family Conciliation Courts (AFCC), Multidisciplinary Panels
in 2013, and 2012 on divorce and children with special needs.

Los Angeles Collaborative Family Law Association Training for Attorneys,
Mental Health Professionals and Financial Professionals on the
Collaborative divorce process (part of a multidisciplinary team of trainers)
Once yearly 2008,2009, 2012, 2013, 2014, 2015, 2016, 2017 - present

Los Angeles Bar Association, Minor's Counsel Training, "The Importance
of Recognizing Mental Illness and Other Special Needs". October 2011

Santa Monica Bar Association, April 28, 2011. "Reunification Therapy:
When, How, With Which Parties".

California State Bar, "The Role of the Child Specialist in a Collaborative
Divorce", April 2011

California State Bar, Family Law Section. April 9, 2011, "Divorce in the 21st Century: Understanding The Expanding Role of Mental Health Professionals,

Los Angeles Bar Association, Minor's Counsel Training ,October 2 & 3, 2009 and 2008. Panel presentation: Working as a Team: Mental Health Professionals, Minor's Counsel, Parents and Counsel

Los Angeles Psychological Association, "Learning from Our work with High Conflict Divorce" a workshop with Gitu Bhatia, PsyD, August 2008.

Curriculum Vita: Carol R. Hirshfield, Ph.D.

6

PROFESSIONAL PRESENTATIONS & TRAININGS (contd.)

Los Angeles County Bar Association, Minors' Counsel Training, October 3, 2008. "Child Development & Divorce: An overview of Ages and Stages.

"Helping Children with Social Skills: A Seminar for Parents". A 3 hour workshop for parents, attended by 150 people, for the Bureau of Jewish Education Series, Stephen S. Wise Temple, February 2001.

"It's Only Make Believe: Attitudes of Adolescents Toward Violence in the Media". A talk based on original research for international conference, attended by 300 adolescent medicine specialists. Society of Adolescent Medicine, Aix-on-Provence, France. July 1999.

Parent Education seminars, P.S. #1, Santa Monica, CA, February, March, April, May 1999.

"Recent Approaches to High Level Conflict in Divorce", Panel presentation to Los Angeles County Psychological Association, October 1998.

"Social Skills Training". Etta Israel Center, Jewish Family Services, Los Angeles, January 2, 1997. A training for social workers on staff.

"Dyslexia: How to Live With It". The Learning Annex., August 30, 1995, September 27, 1995. Los Angeles, CA. An evening workshop for adults who are dyslexic, offered on two occasions.

"Is There Life After High School?" Conference at Landmark West School, "From L.D. to Ph.D.", Encino, CA. May 20, 1995.

“Short-term Therapy with Children”, A training seminar for staff and interns, Asian Pacific Counseling & Treatment Center, Los Angeles, CA. March 23, 1995.

“Transition Planning: Life Beyond High School”. A one-day workshop for the Association of Educational Therapists, Sherman Oaks, CA, March 18, 1995.

“Parenting the Adolescent with Learning Differences”, Landmark West School, Encino, CA., January 21, 1995.

Curriculum Vita: Carol R. Hirshfield, Ph.D.

7

PROFESSIONAL PRESENTATIONS & TRAININGS (contd.)

Families of the 90s: Family Therapy Approaches to Contemporary Problems”, A Panel Discussion, Los Angeles County Psychological Association, October 1990.

“On Becoming Independent”, A seminar for parents of adolescents and adults with learning disabilities. Orton Dyslexia Society, June 1989.

“Independent Living for Adults with Learning Disabilities”, Conference on the Learning Disabled Adult. California State University, Northridge, February 1989.